

## **Military Service Information Tool**

*Combat and operational stress injuries are subtle physical changes in the brain. They occur when stress is too intense or lasts too long. These injuries affect the brain's ability to handle and adapt to stress, sights, sounds, movements and memories. Many of our residents re- experience this stress.*

*Combat and operational stress is defined as "The expected and predictable emotional, intellectual, physical, and/or behavioral reactions of Veterans who have been exposed to stressful events in war or military operations other than war. - DoD Dictionary of Military Terms*

Name: \_\_\_\_\_

Branch of service: \_\_\_\_\_

Were you:                      Commissioned                      Enlisted                      Drafted

Service dates: \_\_\_\_\_

Highest rank: \_\_\_\_\_

Please list your medals or special honors:

\_\_\_\_\_  
\_\_\_\_\_

Any lost time or demotions? Explain:

\_\_\_\_\_  
\_\_\_\_\_

Unit, Division, Battalion, Group, Ship, etc.?

\_\_\_\_\_  
\_\_\_\_\_

Service duties (be specific):

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Duty stations:

---

---

War and/or conflict served in:

---

---

What are some of the best memories you have from service?

---

---

Combat or service related injuries (emotional or physical)?

---

---

Medical issues related to your military service (emotional or physical)?

---

---

Medical Diagnosis of PTSD, Mood Disorder, Anxiety Disorder, etc?

Yes

No

If yes, please explain:

---

---

Do you:

Talk about your military service to others? Yes No

Have trouble falling asleep? Yes No

Have trouble staying asleep? Yes No

Experience nightmares? Yes No

Feel uncomfortable in crowds? Yes No

Insist you sit with your back towards a wall? Yes No

Were you a POW? Yes No

Does anything upset/trigger you to remember your military experiences? (Ex: If so, please describe in as much detail as possible:)

VETERANS LAND BOARD

CHAIRMAN GEORGE P. BUSH

Are there any behaviors we need to be aware of? (Ex: verbal/physical outbursts, crying, needing to sit in certain areas, yelling, easily startled, panic attacks, hiding, escaping, etc.)

---

---

---

Are there military memories we should be aware of to provide the best care possible?

---

---

---

What did you do after the military?

---

---

**SERVING TEXAS VETERANS**



**VETERANS LAND BOARD**

**CHAIRMAN GEORGE P. BUSH**